

## Instructor Bios:

**Elizabeth Baker** is the Provincial Lead in Education and Training for the Canadian Mental Health Association. She is deeply committed to normalizing conversations about mental health. She leads a small but mighty education and awareness team dedicated to providing all Nova Scotians with accessible, relevant wellness programming. Elizabeth's role includes designing and facilitating wellness programs, collaborating, and building partnerships in the community and across CMHA, and researching and creating new resources and strategies. Elizabeth is a former teacher, who believes firmly in the power of education. She has witnessed firsthand, how education, with appropriate supports and resources, can drastically impact a person's life in a positive way. She believes knowledge sharing empowers people to become active participants in their mental health journeys, and that together, we can create healthy, mentally well communities.

**Maureen R Gillis, CPA, CA** facilitates adult learning in topics related to leadership, success, and human behaviour. With formal training in adult learning, professional training in human resources management, and with a designation as a Chartered Professional Accountant, Maureen brings a multi-disciplinary perspective to her interactive workshops. Her teaching and facilitation work began early in her career. She has taught for various universities and facilitated professional development courses for members of professional organizations. With decades of leadership experience, she brings professional insight to her courses, offering a variety of approaches to accommodate the different needs of learners. During her career, Maureen has also been active in volunteer roles as a coach and with organizations such as the Canadian Institute of Chartered Accountants Public Sector Accounting Board, the Institute of Chartered Accountants of Nova Scotia, Junior Achievement of Nova Scotia, the Financial Management Institute, the Chamber of Commerce, among others. She also served as a volunteer financial advisor for an NGO in Ghana, West Africa. Today, Maureen enjoys teaching and delivering courses to members of professional groups and associations on current topics of interest that support ongoing development and growth for leaders.

**Morgan Hamel** is an Associate with Learning Strategies Group. She is interested in exploring what behavioural ethics must teach us about corporate behaviour - namely, whether knowing more about ethics actually makes us more ethical. In her sessions, she explores the implications of the answer to that question for both business ethics and corporate governance. With a Master's Degree in Applied Ethics, and 11 years spent in the Ethics and Compliance of a large oil and gas company, Morgan has extensive experience with both the theory and practice of business ethics. She shares stories from her experience to bring courses she delivers to life.

**Judy Johnson** has worked for 40 years as a facilitator and coaching consultant in experiential learning, leadership development and organizational effectiveness. She works with government, private and community-based organizations internationally and locally. She holds a Bachelor of Social Work and a Masters of Adult Education. Judy is known for her insight and her ability to go into the depth of a subject in a light & entertaining way. Judy is adept in process facilitation, team development, principled negotiation, conflict resolution, experiential education design and delivery, needs assessment and program evaluation. She uses a balance of reflective, creative, and interactive activities to assist individuals and groups to use their natural wisdom, talents, and inner power to create and sustain constructive forward momentum in their organizations.

**Paul Mascarenhas** President and founder of Avancer Learning Inc., Paul is a specialist in Strategic Communication initiatives and an experienced facilitator in IT Skills, and Communication Skills. He has facilitated workshops for leading Corporations, Professional Institutions, and Government bodies, in Canada and Internationally. Beginning his career in roles of Marketing and Economic Research, Business planning, and Communications, he built his career around data-driven advertising and marketing strategy. His fascination for spreadsheets led him to develop routines for bringing objectivity into business decision making and fine-tune a flair for spotting trends in data and their impact on business strategy. He brings his twin specialisations of Communications and Strategic Analysis, to Training, and has developed & conducted workshops for some of the world's leading organizations over the last 10 years.

**Lindsay Miller** is an Education and Training Coordinator for the Canadian Mental Health Association. As the Awareness Coordinator for the Education and Awareness Team, Lindsay Miller works to reduce stigma through education, increase public awareness and utilization of available mental health resources, and promote the impacts of Social Determinants of Health and Socio-Economic Status on mental health. Lindsay believes that community support is often underestimated as a valuable mental health resource and is driven to contribute to strengthening those systems through accessible mental health education, increasing awareness of free and low-cost resources, and advocating for easier access to the formal mental health system when it is needed.

**Gerard Murphy** is the President of Barefoot Facilitation Inc. He provides facilitation, training, and consulting services to clients within the voluntary, public, and private sectors across Canada. A naturally fun, dynamic, and engaging facilitator, Gerard is passionate about creating space for people to engage in conversations that count. He is a graduate of the School of Health and Human Performance at Dalhousie University, and he holds certificates in public participation, community-based development, and leadership development. Gerard is a member of the International Association of Facilitators and is a confirmed Professional Member of the Canadian Association of Professional Speakers.

**Richard Niedermayer, QC, TEP** is a partner in the Halifax office of Stewart McKelvey. His practice involves all aspects of tax and estate planning, estate and trust administration, and corporate law. His clients include owner-managed and family businesses, individuals, and trust companies. Richard is a Past Chair of the Canadian Bar Association's Nova Scotia and National Wills, Estates and Trusts Sections, a Past Chair of the Atlantic Canada Branch of the Society of Trust and Estate Practitioners (STEP) and currently serves on STEP Canada's Board of Directors as National Secretary. He is also a member of the Canadian Tax Foundation and the Nova Scotia Barristers' Society, and a former President of the Halifax Estate Planning Council. Richard is listed by Best Lawyers for Trusts and Estates and Corporate Law, by Lexpert for Estate and Personal Tax Planning/Estate Litigation, and by Who's Who Legal Canada for Private Client. He holds a BV Distinguished peer reviewed rating from Martindale Hubbell and the TEP designation from STEP. Richard is a frequent writer and speaker on estate, tax, and business succession topics.

**Stephen Priddle, CPA, CA, CMA** worked with KPMG for five years, then moved to industry and has worked for several businesses, including public and private companies. During this time, he has obtained a wide range of financial reporting, treasury management, mergers & acquisitions, and other business experience. He is currently the VP, Finance and Corporate Secretary of SureWx Inc., as well as a member of the Board of Directors. Stephen has extensive experience in creating and teaching professional development and other courses for different provincial institutes and has taught at the University of Toronto and Carleton University, as well as in the CMA and CGA programs. He is also a prolific author of published cases.

**Glenn Rodgers** is an Education and Training Coordinator for the Canadian Mental Health Association. As the Education and Training Coordinator, Glenn Rodgers works to develop, adapt, and deliver workshops dealing with mental health issues. In addition to his day-to-day work, he co-facilitates a Men's Peer Support group once a week. With ten plus years in the mental health field, Glenn is very passionate about the work he does. Glenn enjoys educating people and raising awareness around the issues and stigmas surrounding mental illness. If the secret to a good life is to find a career that you enjoy, Glenn has found it.

**Rachel Sumner** is passionate about connecting learners with innovative experiences that build both professional and human skills and has spoken and published internationally on these topics. As an internationally oriented consultant, she is able to demonstrate a 20+ year track record of enabling private, public and non-profit organizations to achieve their learning and development goals through the design and implementation of innovative projects and initiatives in digital and experiential learning. Possessing a Master's Degree in Education with a focus on Curriculum, Training and the Future of Work, Rachel is a qualified teacher and has served as a faculty member and administrator in K-12, post secondary education and corporate learning and development settings. Nominated three times for the RBC Canadian Women Entrepreneur Award, she is also a volunteer mentor for Lean in Canada and is certified by the UK's Institute of Leadership and Management as an Executive Coach and Mentor. Currently pursuing her doctoral studies in Higher Education, Rachel is undertaking a comparative study of experiential learning design in North America, Europe, and Asia with a particular interest in education technology.